

Let's Talk: Workshop Series

starting soon, limit 15

4 weeks, 4 topics 1 hour each

Week 1: How to talk to kids about nutrition.

Week 2: Being a role model for your kids.

Week 3: What your gut is trying to tell you!

Week 4: The power of eating well.

25\$ per session: \$100 total

Pre-registration and pre-payment is required. A transfer can be made from one workshop to another if space is available. Registrants canceling up to 72 hours before the first workshop will receive a tuition refund or a full value voucher good for one year.

For more information please call Kim Shapira M.S., R.D. 818.371.5170 or email: kimshapira@aol.com

Let's Talk Workshop: Registration Form
(this form may be copied)

Please check the workshop date: Location: Studio City

Tuesdays starting:

Sept. 13th at 12:30 p.m. - 1:30 : thru October 4th: _____

SPACE IS LIMITED!

Please print:

Name: _____

Home Address: _____

Please enclose full payment with registration form. Check method of payment.

_____ Charge the amount of \$100 to my _____ Visa _____ Mastercard _____ American Express

Card number: _____ Exp. date: _____ CVV: _____

Billing Name and address : _____

Signature: _____

Best phone: _____ Email: _____

*Please provide an e-mail address above to receive a confirmation and directions.

Please return form to: Kim Shapira M.S., R.D. At: kimshapira@aol.com